

January 21, 2007



LJCC Winter 2007 Newsletter

Margie Boyer Wins Two Blue Ribbons

By Gail Ritchie

This past October, long time resident and LJCC member, Margie Boyer, won [two first place ribbons](#) in the Novice Class (first time participants) at the Ocean Shores Cranberry Festival.

Margie and her husband, Jerry, attend this festival every year but this is the first time that Margie entered any of her recipes into the contest.

Her entries were Cranberry-Zucchini Bread and Cranberry Sauce.

Margie was obviously thrilled with her two blue ribbons. They came home with 50 pounds of cranberries this year.

She has generously agreed to offer both of these recipes to members of the club.

Cranberry Zucchini Bread

In large mixing bowl add:

3 1/2 C flour
2 C sugar
2 tsp baking soda
1 tsp each of cinnamon, ginger, cloves, nutmeg OR 2 Tbl pumpkin pie spice

Mix together
Add:

1 C vegetable oil
2/3 C water
4 eggs (beaten)
2 C shredded zucchini

Fold in:

1/2 C chocolate chips
1/2 C slivered almonds
1/2 C golden raisons
1/2 C raisons

Put into 3 well greased loaf pans (makes 3 loaves).

Bake at 350 degrees for 1 hour

Cranberry Sauce

In large sauce pan or pot add:

1 1/4 water
1 C sugar
1 small package raspberry jello
2 T orange zest
3 C (1 bag?) cranberries

Stir and boil for 10 minutes, stirring occasionally.

Peel orange and cut into small chunks. Add to pot along with:

1/2 C golden raisins
1/2 C slivered almonds

Simmer for 20 minutes and then cool.

Enjoy!



Send Our Troops a Much Appreciated Card

By Rowland Brasch

Something Cool Xerox is Doing For Our Troop Overseas. If you go to this web site, www.letsaythanks.com, you can pick out a thank you card and Xerox will print it and it will be sent to a soldier that is cur-

rently serving in Iraq. You can't pick out who gets it, but it will go to some member of the armed forces.

How amazing if we could get everyone we know to send one!

Please send a card. It is FREE

and it only takes a second. Wouldn't it be wonderful if the soldiers received a bunch of these? Whether you are for or against the war, our soldiers over there need to know we are behind them.

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How to Correctly and Safely Forward Emails

Submitted by Rowland Brasch

Great Information; we can all learn something from this! Do you really know how to forward e-mails? This was written by a system administrator for a corporate system. It is an excellent message that ABSOLUTELY applies to ALL of us who send e-mails. Please read the short letter below.

Do you really know how to forward e-mails? 50% of us do: 50% DO NOT.

Do you wonder why you get viruses or junk mail (Spam)? Do you hate it? Every time you forward an e-mail there is information left over from the people who got the message before you and sent it to you, namely their e-mail addresses and names.

As the messages get forwarded along, the list of addresses builds, and builds, and builds.

All it takes is for some poor sap to get a virus, and his or her computer can send that virus to every e-mail address that has come across their computer. Or, someone can take all of those addresses and send junk mail to them or sell them to spammers in the hopes that you will go to the site and they will make five cents for each hit that they sell. That's right, all of that inconvenience over a nickel and because someone included visible email addresses in their forwarded message!

How do you stop it? Well, there are four easy steps:

1. When you Forward an e-mail, DELETE all of the other addresses that appear in the body of the message (at the top). That's right, DELETE them.
2. Highlight them and delete them or backspace them or cut them - whatever it is you know how to do. It only takes a second. You MUST click the "Forward" button first though and then you will

have full editing capabilities for the body and headers of the message. If you don't click on "Forward" first, you won't be able to edit the message at all. Whenever you send an e-mail to more than one person, do NOT use the To: or Cc: columns for adding e-mail address. Always use the BCC: (Blind Carbon Copy) column for listing the e-mail addresses. This way the people you send to only see their own e-mail address and no one else's. If you don't see your BCC: option, click on where it says To: and your address list will appear. Highlight the address and choose BCC: and that's it, it's that easy. When you send to BCC: your message will automatically say "Undisclosed Recipients" in the "TO:" field of the people who receive it, providing extra security and privacy to all the people in your Address Book.

3. Remove any "FW:" in the subject line. You can re-name the subject if you wish or even correct spelling.

Update Your Verizon Wireless Cell Phone

By Gail Ritchie

For all you Verizon Wireless customers out here in the community (there should be a lot of you since it seems to be the only service that works at least a little out here). Did you know that Verizon has a very easy way to update your Verizon

cell phone so it will access new towers that are put up?

Dial *228, select option #2, wait while the music plays until you get a confirmation. Verizon suggests doing this monthly.

Since the number cannot be saved in your phone I suggest putting it in your computer calendar. I use MS Outlook and put the information in as a "recurring appointment" every 3 months.

Lake Joy Community Neighborhood Watch Program (Block Watch)

by Mike Swift, Neighborhood Watch



Coordinator

We are looking for volunteers to serve as Block Captains in the area. If you think you are interested in helping your neighbors by donating a few hours of your time, please contact Mike Swift, Block Coordinator, by phone: 788-9579 or email: ljswifts@hotmail.com.

Brief Responsibilities:

Get to know your neighbors in your assigned block, and help them get to know each other.

Keep on eye on your block paying particular attention following storms, other natural disasters, and suspicious activities.

Communicate with neighbors and other block captains in the event of any developing situations.

Participate in drills in effort to practice the implementation of the Lake Joy Community Emergency Response Plan (ERP).

You will be provided with an ERP backpack, supplies, a radio and a brief training session on what to do in the event of an emergency in the community.

Additional information is available online:

<http://www.lakejoycommunity.com> and on page five of this newsletter.

Internet Safety Guide for Parents

The Internet is an area that can pose a very real threat to children. The anonymity of the 'Net offers adults the chance to pose as children, then try to set up a face-to-face meeting. Young teens may also be lured into virtual relationships with older adults that may result in actual encounters.

Here's what parents can do:

- Never give out identifying information -- home address, school name, or telephone number -- in a public message such as chat or bulletin boards, and be sure you're dealing with someone that both you and your child know and trust before giving it out via e-mail.
- Think carefully before revealing any personal information such as age, marital status, or financial information. Consider using a pseudonym or unlisting your child's name if your service allows it.
- Get to know the services your child uses. If you don't know how to log on, get your child to show you.
- Find out what types of information it offers and whether there are ways for parents to block out objectionable material.
- Never allow a child to arrange a face-to-face meeting with another computer user without parental permission.
- If a meeting is arranged, make the first one in a public spot, and be sure to accompany your child.
- Never respond to messages or bulletin board items that are suggestive, obscene, belligerent, threatening, or make you feel uncomfortable.
- Encourage your children to tell you if they encounter such messages.
- If you or your child receives a message that is harassing, of a sexual nature, or threatening, forward a copy of the message to your service provider and ask for their assistance.

- Should you become aware of the transmission, use, or viewing of child pornography while online, immediately report this to the National Center for Missing and Exploited Children by calling (800) 843-5678. You should also notify your online service.
- Remember that people online may not be who they seem. Because you can't see or even hear the person, it would be easy for someone to misrepresent him or herself.
- Remember that everything you read online may not be true. Any offer that's "too good to be true" probably is. Be very careful about any offers that involve your coming to a meeting or having someone visit your house.
- Set reasonable rules and guidelines for computer use by your children. Discuss these rules and post them near the computer as a reminder.
- Remember to monitor their compliance with these rules, especially when it comes to the amount of time your children spend on the computer. A child or teenager's excessive use of online services or bulletin boards, especially late at night, may be a clue that there is a potential problem.
- Remember that personal computers and online services should not be used as electronic baby-sitters.

Be sure to make this a family activity. Consider keeping the computer in a family room rather than the child's bedroom. Get to know their "online friends" just as you get to know all of their other friends.

Here's what children can do:

Ask your child to observe the following rules:

- I will not give out personal information such as my address, telephone number, parents' work address/telephone number, or the

name and location of my school without my parents' permission.

- I will tell my parents right away if I come across any information that makes me feel uncomfortable.
- I will never agree to get together with someone I "meet" online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.
- I will never send a person my picture or anything else without first checking with my parents.
- I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact the online service.

I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.

Source: :

[National Center for Missing & Exploited Children](#)



Secretary (Officer Position) Needed for LJCC Board of Directors

By David Kern

As mentioned at our fall and spring membership meetings, we are still in need of a Secretary for the Club. Listed below are the duties of the position. We anticipate that this position would require 20-25 volunteer hours per year. The duties for the position are listed below:

- Take minutes at membership and board meetings and provide them to the person who will send them out to the membership and/or post on the website.
- Publish two Club newsletters each year in the spring and fall.
- Prepare any letters or reports that need to be published.
- Maintain the Constitution and By-Laws of the Club.
- Maintain the Terms and Elections spreadsheet of the Club.
- Assist with any letters that the Club needs to write on an official basis.
- Try to attend all Board and Membership Meetings (critical to this position.)

Needs advanced computer skills (publishing software) and ability to take, transcribe and publish minutes from meetings. Good organizational and follow up skills.

If you are interested, please contact David Kern at 788-0722 or email: mckern@hotmail.com.



Safety and Security in the Community

Lake Joy Neighborhood Watch Program

We are still looking for volunteers for the position of Block Captains. If you are interested, please contact Mike Swift, Neighborhood Watch Coordinator at 788-9579 or email:

ljswifts@hotmail.com

NEW NEIGHBORHOOD WATCH SIGNS GOING UP SOON!!



Community Emergency Response Team (C.E.R.T.)

The Carnation-Duvall Citizens Corps Council is continuing to hold CERT training courses and is encouraging all Block Watch Captains to get CERT trained. The LJCC Emergency Response Team is looking for volunteers to fill a couple of positions. If interested, please contact Kathy Brasch at 788-8260

Or email to: kb1@cablespeed.com



Tolt Triangle Fire Council and Firewise

We have a very dedicated group of volunteers who have formed the Tolt Triangle Fire Council. Their mission is to educate homeowners in our community on how to prevent wildfires from destroying their homes and how to be "Firewise". Our LJCC member, Dan Griner is the Chairman of the Fire Corps.

www.toltfirewise.org
www.firewise.org



Take the Challenge and Take the National Driver's Test Online

By Gail Ritchie

GMAC Insurance has a driver's test online available for taking at no charge. You get instant results on how you score. You do not need to "enter your zip code" to do the test.

They state that 1 in 11 licensed

drivers would fail a written test if taken again today.

There are 20 questions. You miss one and you score 95%. Miss 5 and you're down to 75%.

Take the challenge and take the test to see if there is anything you need to read up on. Have your kids

of driving age do it too. Can't hurt!

www.gmacinsurance.com/safedriving/2006/test.asp



Winter Safety Tips

By Rowland Brasch, Safety Chair

Fall is here again. With it come the storms we have seen already. These floods present a safety issue all too themselves. If the road is blocked off by the county, don't try and go down the road anyway. It does not take much water to either cause mechanical failure of your vehicle or worse to push you off the roadway. The "Road Closed" signs are there for a purpose. Please respect them. Besides if you get caught the fine is substantial. Make sure you have enough provisions and safety gear to hold you over until the water goes down and you can get to a store.

Due to the heavy rains the ground is very saturated now and it will not take much wind to knock over some trees. If you see a downed power line in the road, don't drive over it. It could still be live and could get caught on your vehicle. Turn around and drive away. Never move any downed power lines with anything. Even if you think or know they are dead do not touch them. They could re-energize at any moment. If you

are in your vehicle and a power line is lying on top of it stay in your vehicle. Wait for the professionals to help you.

If you have to exit your vehicle due to fire or something similar cross your arms over your chest and hop out with both feet together. Then hop or shuffle your feet as you move away from the vehicle. Take very small steps with your feet touching each other. Do not walk normally as this can cause you to be electrocuted. Move as far away as you can from the vehicle. The reason you cross your arms is that most people have the reaction to touch their car when they step out of it. Do not touch the car once you have exited it!!

Remember it is now illegal to use a generator hooked up to your home electrical system without a commercially built transfer switch. Even if you turn off the main breaker or remove the main fuse there could still be some feedback through the neutral wire and cause problems down the line. If you use your generator with extension cords that is ok. Just do not plug it into a socket in your

home to power up your circuit. You may be using a generator whose output is 120 volts AC but by the time it gets back to the main power lines through the various transformers it could be as much as 7000 volts! This would be lethal to anyone else working on the power lines or feed back into someone else's home and cause serious injury or death. You will be held legally liable for this. Commercially built transfer switches are not that expensive compared to your day in court for negligence. When in doubt....don't!

Depending on what Mother Nature provides this winter we may see some ice on the lake. Remember unless it gets extremely cold for many days the ice is always very thin. It will not hold your or your children's weight when walking on it. Please do not walk on the ice. The water is extremely cold and could cause hypothermia quickly.

Be smart, play safe and have a wonderful, safe winter!

Lake Joy Emergency Response Plan Needs Volunteers

By Kathy Brasch

Most of you are aware that we have an Emergency Response Plan (ERP) in place here in the community in the event of an emergency or disaster.

In the event of an emergency/disaster, all ERP Volunteers would meet at the Lake Joy Fire Station which has been designated as our "Emergency Operations Center".

Block Captains would check each house in their assigned "block", tagging each house as to whether assistance is needed or not.

Requests for assistance (medical, transport, tree removal, etc.) would then be communicated to the Emergency Operations Center Coordinators who would dispatch help. YOU DO NOT NEED TO LIVE IN THE BLOCK YOU SERVE.

We have an open position on our Emergency Operations Center Team for a "Communications Coordinator". The Communications Coordinator is responsible for communicating with outside HAM radio operators and agencies to bring in any help that we need. A person with experience

communicating with HAM operators, or with their own HAM radio is needed for this position.

If you are interested in this position, please me Kathy Brasch, Lake Joy Safety Committee, at 425/788-8260 or kb1@cablespeed.com.

Community Emergency Response Team (CERT) training classes will be held again next spring in Carnation and Duvall. Check out the link below or call Kathy Brasch for more information.

www.carnationduvallcitizencorps.org

50 WAYS TO LOVE



YOUR LAKE

Planting & Landscaping

- 1 Practice natural yard care. Build healthy soil. Use the right plant for your site. Water the right amount. Think twice before using pesticides.
- 2 Go native. Native plants are adapted to our climate and thrive with little maintenance, fertilizer and water.
- 3 Plant a buffer between your lawn and your lake. It will help decrease run-off from your property, and geese will stay away to boot!
- 4 Landscape to slow rainwater run off between your house and the lake, making it easier for water to soak into the ground. Place small swales where water naturally drains off your property, create twists in your paths or driveways, or plant a rain garden using water tolerant plants that absorb rainfall.
- 5 Plant trees and shrubs on your property in places that allow them to frame your view of the water, rather than obstruct it, even when they have reached mature size.
- 6 Plant extra shoreline plants for critters. Beavers, otters and muskrats find willows and dogwoods tasty treats and good for building.
- 7 Garden to benefit nature. Create a wildlife sanctuary in your

backyard. Place emergent plants on a small part of your beach. Plant decorative, non-native aquatic plants in a separate water feature, not along your shoreline.

- 8 Reduce or eliminate pesticides or herbicides. Gardening chemicals end up in the lake in measurable amounts. Pesticides also kill good bugs; can poison birds and fish; and should be used sparingly around children and pets.
- 9 Use organic, slow-release fertilizers on your lawn—or none at all! Conventional fertilizers and weed-and-feed type products are developed to release all at once and end up mostly in the lake. Use phosphorus-free or slow-release natural fertilizers on your lawn areas.
- 10 Shrink your lawn. Less lawn—less maintenance, mowing, watering, fertilizing, money and more rain soaking into the ground instead of running off into the lake. Geese love large lawns. Reduce your lawn, reduce your fowl visitors.
- 11 Replace concrete and asphalt with permeable alternatives. Rather than letting water flow off your driveway, walkways and outdoor living spaces, check out alternatives that let rain soak in like “grasscrete”, gravel pavers, or other surfaces.
- 12 Leave large trees and shrubs on your property to create wildlife habitat and shade, especially

over the water.

- 13 Keep your shoreline natural. Bulkheads and artificially sandy beaches can destroy critical habitat for fish, cause erosion and add toxins to the lake.

Weeds & Trouble Shooting

- 14 Learn to identify the noxious weeds on your lake. Check for noxious weeds, such as Eurasian milfoil, fragrant waterlily, Brazilian elodea, purple loosestrife and yellow flag iris. Learn what you can do to control and eradicate them before it becomes a problem and who to notify if it does.
- 15 Pull up or cut lily pads. Fragrant water lily (pink or white flowers) is a noxious weed. If uncontrolled, it can overcome small lakes. But don't confuse it with the native yellow waterlily, which is beneficial.
- 16 Check boat trailers for noxious weeds. Boats can carry aquatic weed fragments from lake to lake, creating infestations. Wash boats and trailers thoroughly between use at different lakes.
- 17 Don't ever dump aquarium contents, fish or amphibious pets in the lake. These plants and animals can create serious negative impacts to lake ecology.

50 WAYS TO LOVE



YOUR LAKE

Wildlife & Habitat

- 18 Discourage geese — shrink your lawn. Goose poop, in excess, can negatively affect water quality. Reduce the wide open spaces they love so much by replacing grass with taller plants.
- 19 Leave fallen trees in the lake and on the shoreline. If not a threat to safety, they provide foot and shelter for native fish, amphibians and birds.
- 20 Don't feed the ducks. Bread isn't good for ducks. And when they gather in large flocks to be near a consistent food source they can transmit diseases. Also, excess goose poop can contribute to water quality problems.
- 21 Leave beaver dams alone. Or find out how you can legally modify them. Alert authorities if beavers are altering your lake level. Improperly removing dams can cause major flooding damage downstream and beavers will likely return to build again using more trees.
- 22 Put up wood duck boxes. They can substitute for the nests ducks usually make in large trees, which are disappearing from lake shores.
- 23 Let the birds have some fish. When your lake is stocked and is suddenly visited by a hundred cormorants, they're just following the food and soon they'll be gone.
- 24 Put up bat boxes. Bats eat pounds of insects every night—

that's serious relief from mosquitoes!

- 25 Love the fact that your lake is not a bathtub or swimming pool. Abundant and varied native plants are fun to explore and good for the wildlife you share this ecosystem with.

Community Activism

- 26 Join or form a lake association. Research local and statewide organizations online at home or the library. Visit other lake associations to see what they do.
- 27 Attend public meetings. Stay informed about what's happening in your area. Ask questions about how projects and development will impact you and the lake.
- 28 Talk to your neighbors. Caring and sharing about your lake is something you probably have in common. Take a new neighbor on a lake tour.
- 29 Create a "welcome pack" for new neighbors. Many newcomers to lakeside living would welcome information about how to protect water quality and the environment. Include this flyer!
- 30 Organize a public meeting. Invite experts to your lake group meetings to discuss topics of interest or attend a public meeting. You'll learn what is happening in your watershed and how it affects you.
- 31 Keep hazardous waste out of the lake. Organize a neighborhood trip to the Hazardous Waste mobile. Check your car for oil leaks.

And don't dump anything down storm drains or ditches.

- 32 Create wildlife corridors. Work with your neighbors and the community to organize and plan landscaping projects together to create "wildlife corridors" between properties, the lake and forested areas away from the water. This gives critters somewhere to go besides your yard or patio.
- 33 Be a zebra mussel monitor. Join the Volunteer Zebra Mussel Monitoring Project and be part of the early warning system for these tiny Asian invaders that can cause damage to water structures and native ecosystems.
- 34 Communicate with your elected officials. Let them know what you love about your lake, what issues residents face and be sure to vote!
- 35 Research the history of your lake. In a library, local agency or on the Web—from facts and photos to legends and lore—you'll be amazed at what you find.

Maintenance

- 36 Pick up trash around the lake. Organize a community cleanup day to remove litter and illegal dumps in the neighborhood that might impact lake water quality.
- 37 Clean up after your pets promptly. Pet waste can contribute significant fecal contamination to your lake, even if it's just from rain or sprinklers

50 WAYS TO LOVE



YOUR LAKE

- washing over it.
- 38 Maintain your septic system. Failed septic systems can cause significant water quality problems for lakes. Get regular inspections every three months or three years, depending on the type of system, by an experienced professional.
- 39 Clean up your yard. Old equipment, machinery or debris lying around can leach contaminants into the soil, impacting lake water quality.
- 40 Keep a lid on it. Something as simple as securing your trashcan lid will prevent litter from accidentally being blown into the lake on windy days.
- 41 Monitor public access points. Report vandalism, destruction or maintenance needs to the city, county or state agency responsible for the right of way.

- 42 Manage domestic livestock manure. Get assistance in developing management plans to protect water quality

Around the House

- 43 Use non-toxic dock preservative. Avoid harming water and the critters in it, while protecting your dock. Research and choose alternative, environmentally-friendly maintenance materials before treating lumber.
- 44 Wash your car at a car wash. Washing it in your driveway sends harmful car oil and residue right into your lake and yard.
- 45 Install a rain barrel. Collecting water from your rain gutters is a great source for watering your yard and reduces utility bills.
- 46 Take the canoe or row boat. Good exercise, and you're quiet

and closer to the water, so you might see a river otter up close.

- 47 Don't drive golf balls (or cars!) into the lake. Golf balls in a lake are trash and can harm fish and other critters.
- 48 Don't shoot fireworks into the lake. They contain chemicals.
- 49 Go for a quiet, moonlight paddle in a canoe. You'll see a whole new side of your lake.
- 50 Enjoy the beauty. It's what makes the other 49 things worth doing.

For more information on any of all of these 50 ways to love your lake,

contact the
King County Lake
Stewardship Program.
206/295-6519.
www.dnr.metrokc.gov



Photo by:

Don Stanwyck

Lake Joy Community Club 1952–2007



Lake Joy Community Club
PO Box 634
Carnation, WA 98014

Board of Directors—2006—2007

President	David Kern	788-0722
Vice President (and Past President)	Dave Smith	788-5313
Secretary	OPEN	
Treasurer	Kerry Koons	844-9124
Membership	Cindy Druschba	788-5264
Environmental	Wendy Sammarco	788-2629
Safety	Rowland Brasch	788-8260
Social/Webmaster	Gail Ritchie	788-7689

We're on the Web!

www.lakejoycommunity.com

Send your newsletter ideas or suggestions to any Board Member. We would love to have input, articles, suggestions.

The Lake Joy Community Club was established in 1952 to protect the interests of its members in the preservation and protection of the environment and wildlife of the Lake Joy area, to support public safety and to encourage a spirit of good fellowship among the people of the Lake Joy Community .

We appreciate the commitment of all members and volunteers of the community in keeping our area a lovely and safe place to live.



September 2006

LJCC Annual Picnic at Gail Ritchie's house

Assistant Needed for Social Chair

By Gail Ritchie
Since I took over the position of Social Chair in 2001, many new duties have been added to my position, mostly by me so I can only blame myself for being over-loaded.

This position would be considered a "committee member".

- Welcome new members to the community by delivering a welcome pack. Track for sale signs/sold signs, prepare packs and deliver when new residents move in.

- Set up all membership meetings including providing refreshments.
- Coordinate the annual garage sale.
- Assist with coordinating the annual picnic.
- Prepare signs to be posted regarding events.
- Place necessary advertisements to publicize events.
- Need to have a computer, with MS Office for reprinting welcome pack documents, and a color printer.

- Need to have intermediate computer skills.

Anyone interested should contact me directly at 788-7689 or lakejoy-girl@yahoo.com